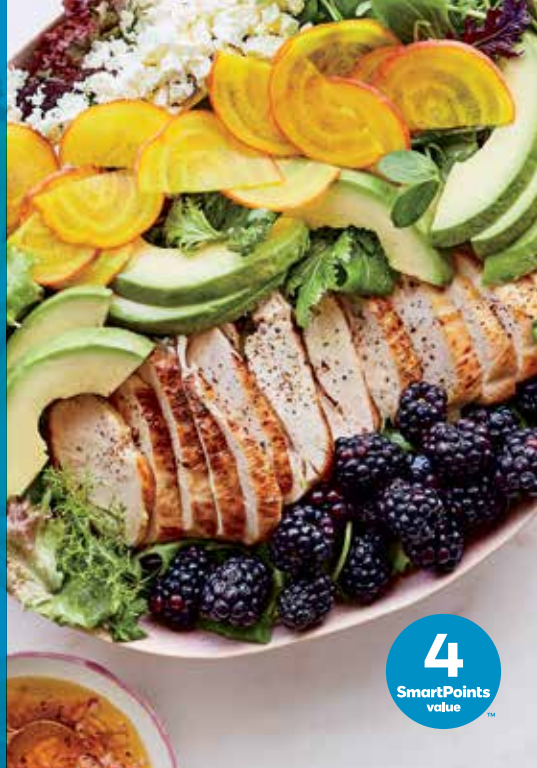


Chicken Salad with Blackberries, Feta, Golden Beets and Avocado

recipe

PREP TIME: 20 Min | SERVINGS: 6



INGREDIENTS

- ¼ cup minced shallots
- ¼ cup minced fresh tarragon
- ¼ cup champagne vinegar
- 3 Tbsp warm water
- 4 tsp olive oil
- ¾ tsp kosher salt
- ¼ tsp black pepper
- 5 oz mixed spring greens
- 2 cups thinly sliced cooked skinless chicken breasts
- 1 medium avocado, thinly sliced
- 1 cup shaved or thinly sliced uncooked golden beets
- 1 cup fresh blackberries (halved if large)
- 6 Tbsp crumbled feta cheese

INSTRUCTIONS

In a medium bowl, whisk together shallots, tarragon, vinegar, water, oil, salt, and pepper; set vinaigrette aside.

Arrange greens, chicken, avocado, beets, and berries on a platter. Sprinkle with cheese. Serve with vinaigrette.

Serving Size 2 ¼ cups